

## Mentoring in Your Problem-Solving Court

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### Presenters

- ▶ **Kim Banister**, MS, Superintendent, Sangamon County Veterans Assistance Commission
- ▶ **Rudy Martin**, Lake County Mental Health Court Coordinator, Veterans Mentor Coordinator
- ▶ **SSgt. Albert Romero**, USMC, Lake County Mentor
  
- ▶ **Moderator: Jason Sterwerf**, MS, LPC, NCC, Director of the Office of Special Projects, 22<sup>nd</sup> Judicial Circuit Court

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### How to Start a Mentor Program

- ▶ Determine Need
- ▶ Determine Stakeholders
- ▶ Community Involvement/Outreach
- ▶ Decide Structure of the Program
- ▶ Discuss Costs of the Program
- ▶ Who is Responsible for the Program

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### Role of the Coordinator

- ▶ Recruitment, training and retaining mentors
- ▶ Attend staff and court
- ▶ Positive support and liaison between team and systems
- ▶ Maintenance and documentation of program

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### Mentor Recruiting

- ▶ Veterans Assistance Commission
- ▶ Community Veteran Programs: VFW, American Legion, Wounded Warrior Project
- ▶ Community Colleges
- ▶ Public Relations: Brochures, Newspaper, Television, Word of Mouth

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### Training of Mentors

- ▶ Initial Training
  - ▶ Program Structure
  - ▶ Expectations of Coordinator
  - ▶ Expectations of Mentor
  - ▶ Confidentiality
  - ▶ Boundaries
- ▶ Ongoing Training
  - ▶ Topic Specific to Help Mentor Work with Mentee: Motivational Interviewing, Suicide Prevention, PTSD, Addiction, Domestic Violence, Mental Health
- ▶ Mentor Boot Camp at NADCP Conference
  - ▶ NADCP Justice for Vets Mentor Corps Boot Camp also available on demand

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### Matching of Mentor and Mentee

- ▶ Questionnaire
  - ▶ Outside Interest
  - ▶ Schedules
  - ▶ Age
  - ▶ Rank

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### Expectations of Mentors

- ▶ Help participant navigate the Court system
- ▶ Attend court with the mentee
- ▶ Provide support
- ▶ Maintain regular contact with mentee
- ▶ Document interactions using mentor log
- ▶ Attend meetings with coordinator
- ▶ Attend community outings

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### Role of Mentor

- ▶ Impact of the Mentor
- ▶ Assisting with Treatment Plan
- ▶ Benefits for Mentor

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Community Activities/Involvement

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How to Measure Success

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Struggles

- ▶ Keeping in contact with Mentors
- ▶ Mentor and Mentee keeping in contact

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## Mentoring in Drug Court and Mental Health Court

- ▶ Differences
- ▶ Peer Mentors/Peer Specialists
- ▶ Sponsor vs. Mentor

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